## APRIL 2024

MONTHLY NEWSLETTER

**ISSUE #6** 

## **DO-Touch.NET**



MEMBER SPOTLIGHT ALMUT BOLTZ, HP, BAO

I am trained in neuro-musculoskeletal treatments and have attended postgraduate trainings in biodynamic, pediatrics, gynecology and trauma from an osteopathic perspective. I have been a member of DO-Touch.NET since 2017. By participating in a study on the side effects of osteopathy, I became interested in scientific work. I was able to get to know this further a year later in 2018 in the laboratory of the A.T. Still Research Institute in Kirksville during a palpation training. In 2021, I started my master's degree in osteopathy at the Vienna School of Osteopathy at Danube University Krems, which I completed in March 2023 with the clinic. My master's thesis deals with the effectiveness of osteopathy on pain perception in women with endometriosis-associated pain. The evaluation is still ongoing. Being part of a network is an opportunity and challenge for me to continue to educate myself and develop skills beyond my daily practice.

## **NETWORK UPDATES**

• Our "Let's Talk About OMM Research!" series is changing this month to a Winter, Spring, and Fall series. The "Let's Talk About OMM Research!" series will be on the third Thursday of the month at 1 PM US Central Time. Events will be in the following months:

<u>Winter Series</u> January February <u>Spring Series</u> April May <u>Fall Series</u> September October November

• The Annual Meeting was a great success with presentations from Dr. Marie Jackson and the introductory meeting of our Special Interest Groups. Emails will be coming in early April to schedule next meetings and next steps for our Special Interest Group research topics to continue to be developed into future research projects!

## **UPCOMING EVENTS**

"Let's Talk About OMM Research!" Educational Webinar - EPISODE 41 William Devine, DO Osteopathic Considerations in the Treatment of Post-COVID Symptoms April 18 at 1 PM US Central Time





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CONTACT US IF YOU HAVE ANY QUESTIONS OR ARE INTERESTED IN LEADING A RESEARCH PROJECT! DOTOUCHNET@ATSU.EDU