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DO-TOUCH.NET *Insider*

April 2015

From the *director*

Dear Colleagues,

The network has been very busy. In addition to processing data and preparing manuscripts from the OMM Utilization Study completed last September, we have participated in the AOA's OMED conference last October in Seattle and in the AAO's convocation this March in Louisville. We are also currently planning for this year's fourth annual Network Membership Meeting.

Jane Johnson, DO-Touch.NET Associate Director, presented a poster at the **OMED Annual Research Conference** in Seattle on October 26, 2014. In this poster, additional results from our pilot OMM Utilization Study were presented. Ms. Johnson compared the somatic dysfunction findings between those with different forms of headache and those with low back pain. The abstract can be found in the JAOA, March 2014, Vol. 114, 154-170. We also announced funding for our third study, *Patient-reported Adverse Events from Osteopathic Manipulative Treatment*.

The AAO convocation was incredibly successful for DO-Touch.NET this year. The convocation marks the launch of our new study, *Patient-reported Adverse Events from Osteopathic Manipulative Treatment*. Please see page two for an article detailing the current status and how to get involved! Our booth was never empty, enrolling over 40 new members which includes 10 new international members! Due to the enthusiasm of the students at the AAO Convocation, we decided to start a new student component of DO-Touch.NET. We now have over 20 student members (see page 2 for more information).

Our **fourth annual Network Membership Meeting** is just around the corner. This year we will discuss the cause and frequency of increased complaints from patients after OMT. The meeting will offer skills labs on localization, diagnosis, and pressure used during OMM. In addition, everyone in attendance will receive 20 hours of category 1A CME credit from the AOA at no cost. The date for this year's meeting has been planned for September 10—12, 2015. Please mark your calendar for this year's annual meeting dates. We hope you will join us and we look forward to seeing you there!

Sincerely,

Brian F. Deegenhardt, D.O.

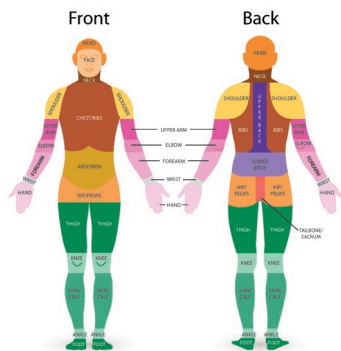


DO-Touch.NET
A Network of Doctors Treating with OMM

Launch of Adverse Events Study

We were very excited to have 34 DO-Touch.NET members represented at the AOA luncheon and discussion of our third study, *Patient-reported Adverse Events from Osteopathic Manipulative Treatment* (Adverse Events study). Director of DO-Touch.NET, Dr. Degenhardt, and Associate Director, Jane Johnson, presented an overview of the Adverse Events study along with a few highlights on training. Dr. Feely, Dr. Brooks, and Dr. Kohn gave brief reports on their site's progress. All three doctors agree the study is incredibly easy to implement.

Body Map



Study training sessions began February 2015 with 9 training sessions that have been held to date. We currently have 10 sites that have signed site agreements, completed their training sessions/requirements, and have received study materials. An additional 7 sites are in the process of signing site agreements or have already begun the study training.

Recruiting participants into the study began in March 2015 and we have currently collected over 50 completed data sets! We are still accepting new sites to contribute to this important, meaningful, osteopathically-relevant research. If you would like to get involved, please contact Lisa Norman, Network Manager, at 660-626-2443 or lnorman@atsu.edu.



Congratulations to Kendra Albert for winning our AAO Convocation raffle! Kendra has won a copy of *Illustrated Practice of Osteopathy—1908*. Thank you to the Museum of Osteopathic Medicine for donating the book for our raffle.

Student section

DO-Touch.NET has implemented a NEW student component. The intent for this new component is to keep students informed of DO-Touch.NET activities and research. This will allow students to easily become part of our research studies when they go into practice. In addition, we will be offering research opportunities specifically for students.

We are currently developing an Advancing Skills in Osteopathy program (ASO) for student members of DO-Touch.NET. As we continue programming, we will be keeping students informed via email. Please keep an eye out for more information on this great opportunity!

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member spotlight



Barbara Zajdel, DO

Dr. Zajdel graduated from The University of New England in 1999. She is currently practicing at BMS Integrated Health, PLC and is an Assistant Professor in the department of OMM at Michigan State University. Dr. Zajdel believes it is important to generate Osteopathic research utilizing physicians who are board certified in NMM and can apply individualized treatments to their patients. As utilized by DO-Touch.NET, multicenter trials allow for the numbers to be generated to obtain statistical significance to prove the benefits of OMT.

Fun Facts

When Dr. Zajdel is not working, she enjoys spending time with her 21 month old son. Dr. Zajdel's other interests include cooking, kayaking, and reading by the pool.

Check out our website for more information on our current studies, members, meetings, and more.



www.DO-Touch.NET